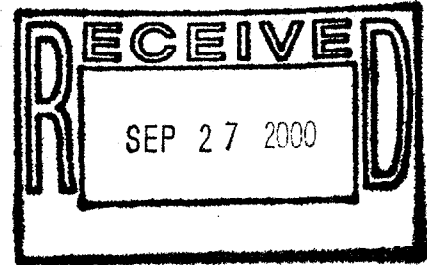


September 21, 2000

Office of Special Nutritionals (HFS-450)
Center for Food Safety & Applied Nutrition
Food and Drug Administration
200 C Street SW
Washington, D.C. 20204



Dear Sir or Madam:

This letter will serve as 30-day notification, pursuant to section 403 (r)(6) of the Federal Food, Drug & Cosmetic Act and regulations promulgated thereunder.

Name and address of Dietary Supplement Manufacturer: Twin Laboratories, Inc.
150 Motor Parkway
Hauppauge, NY 11788

Text of statement being made: "...Advanced revolutionary fat loss formula...When used as part of a calorie restricted diet and exercise program...Contains the most potent proprietary blend of herbal Thermogenic fat loss ingredients."

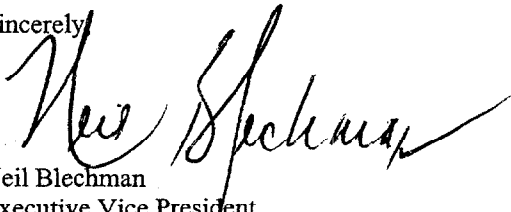
Dietary supplement ingredients: Cycloburn™ Coleus Forskohlii, and a proprietary blend containing Guarana, Mahuang, Citrus Aurantium, Citrus Bioflavonoids, Green Tea, Ginger Root, White Willow Bark and Cayenne.

Dietary supplement brand and name: Twinlab RIPPED FUEL EXTREME.

As required, enclosed are two photocopies of this notification.

The signee certifies that the information contained in this notice is complete and accurate, and that Twin Laboratories, Inc., has substantiation that the statement is truthful and not misleading.

Sincerely,


Neil Blechman
Executive Vice President
Twin Laboratories, Inc.

Enclosures

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